



EVENTS

	MAR 21, 2009	Dragon Star Martial Arts Chang Huhn Championships	http://www.dragonstarma.com/events.html
	APR. 25, 2009	THOMAS V. CHIPLEY MEMORIAL INDIAN VALLEY TOURNAMENT	http://www.cashatttkd.com/
	JUL. 21, 2009	Sparring Clinic	http://www.1taekwon-do.com/index.php?pr=Events
	Apr. 3,4,5, 2009	2009 ITF Unity Championship	http://wt-tkd.com/Home

FUNDAMENTAL MOVEMENT

Back Kick

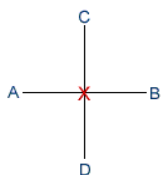


Dwi Chagi

This kick is effective for attacking an opponent approaching from the rear. The foot sword is used as an attacking tool. The advantage of this technique is the ability to reach a long distance even without changing the direction of the body. Keep the toes of the stationary foot pointed to the front with the ankle of the kicking foot bent at a 45-degree angle at the moment of impact.

PATTERN OF THE MONTH

The student who gains rank for egotistical purposes or the feeling of power lacks.....



서산

SO-SAN

Movements - 72

Ready Posture - CLOSED READY STANCE A

Pattern Meaning

SO-SAN is the pseudonym of the great monk Choi Hyong Ung (1520-1604) during the Lee Dynasty. The 72 movements refer to his age when he organized a corps of monk soldiers with the assistance of his pupil Sa Myunh Dang. The monk soldiers helped repulse the Japanese pirates who overran most of the Korean peninsula in 1592.

- a. Self-Control
- b. Integrity
- c. Honor

ANSWER-b

TRIVIA

Tekken 3



The name of the person who was taken to create the character Hwa-Rang in Tekken is Hwang Su Il, 4th Dan Black Belt, from the Korea Taekwon-Do Federation in Japan. He can be seen performing the pattern Hwa-Rang and part of Sam-Il in the game. He is a former World Lightweight Champion.